



# Handwashing



**1**

**USE SOAP AND WATER! (OR HAND  
SANITIZER)**

**2**

**COUNT TO 20 SLOWLY WHILE WASHING  
YOUR HANDS**

**3**

**WASH: BACK OF HANDS, WRISTS, BETWEEN  
FINGERS, UNDER FINGERNAILS**

**4**

**RINSE WELL**

**5**

**DRY HANDS WITH A PAPER TOWEL AND THROW  
AWAY OR USE AIR DRYER**

**6**

**TURN OFF FAUCET USING THE PAPER  
TOWEL**